

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Sausages (G)	Cheese Flan (G,ML,E)	Roast Chicken	Lamb Bolognese	Salmon Fish Fingers
OPTION 2	Chicken Jalfrezi (G)	Lamb Meatballs in Tomato Sauce (E)	Lamb Quesadilla (G,ML)	Cheese & Potato Pie (ML)	Spicy Chicken Puff (G,ML)
OPTION 1 (V)	Quorn Sausages (G,ML,E)	Cheese Flan (G,ML,E)	Quorn Fillet (E)	Vegetable Bolognese	Vegetable Burger (G)
OPTION 2 (V)	Vegetable & Paneer Jalfrezi (G,ML)	Quorn Meatballs in Tomato Sauce (G,ML,E)	Vegetable Quesadilla (G,ML)	Cheese & Potato Pie (ML)	Potato & Pea Puff (G,ML)
SIDES	Creamed Potatoes (ML) Brown & White Rice or Naan Bread (G,ML) ~ Baked Beans Spicy Cauliflower (G) Mixed Salad	Jacket Potato Pasta Twists (G) ~ Sweetcorn Broccoli Mixed Salad	Roast Potatoes Jacket Potato ~ Brussel Sprouts Carrots Mixed Salad	Beetroot Roll (G,ML,E) Pasta (G) ~ Broccoli Coleslaw (E) Mixed Salad	Chips Boiled Potatoes ~ Peas Baked Beans Mixed Salad
	Tomato Sauce Cucumber Raita (ML)	Tomato Sauce	Gravy Stuffing (G) Mango Chutney	Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERT	Jammie Cookie (G) Chocolate Sponge (G,ML,E)	Chocolate Krispie (G) Plum Crunch Cake (G,ML)	Apple Crumble & Custard (G,ML) Lemon Shortbread (G,ML)	Iced Fruit Sponge (G,ML,E) Coconut Cookie (G,ML,E)	Ice-Cream (ML) Fruit Salad
BREAD	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 28th August, 25th September, 30th October, 27th November, 2018 - 8th January, 5th February

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Bacon & Cheese Slice (ML,E)	Sticky Spicy Chicken	Pizza (G,ML)	Roast Chicken	Fish Fingers (G)
OPTION 2	Shepherd's Pie (ML)	Macaroni Cheese (G,ML)	Homemade Lamb Burger (G,ML)	Lamb Mince Pasta Bake (G,ML)	Chicken Spinach layer Bake (G,ML)
OPTION 1 (V)	Cheese & Tomato Slice (ML)	Sticky Spicy Vegetables	Pizza (G,ML)	Quorn Fillet (E)	Vegetable Fingers (G)
OPTION 2 (V)	Quorn Shepherd's Pie (ML,E)	Macaroni Cheese (G,ML)	Roasted Vegetable Plait (G)	Broccoli & Spaghetti Bake (G,ML)	Vegetable & Spinach Layer Bake (G,ML)
SIDES	Jacket Potato Creamed Potatoes (ML) ~ Peas & Carrots Baked Beans Mixed Salad	Steamed Rice Malted Baguette (G,ML) ~ Sweetcorn Cob Broccoli Mixed Salad	Jacket Potato Tomato Pasta (G,ML,E) ~ Baked Beans Coleslaw (E) Mixed Salad	Roast Potatoes Garlic Roll (G,ML,E) ~ Cauliflower & Broccoli Gratin (ML) Mixed Vegetables Mixed Salad	Chips Ciabatta Slice (G) ~ Peas Baked Beans Mixed Salad
ACCOMPANIMENTS	Tomato Sauce Gravy		Tomato Sauce	Gravy Stuffing (G) Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERTS	Ginger Biscuit (G,ML,E) Chocolate Muffin (G,ML,E)	Iced Sponge (G,ML,E) Oat & Raisin Biscuit (G,ML,E)	Assorted Frozen Yogurt (ML) Eves Pudding & Custard (G,ML,E)	Chocolate Tart (G,ML) Fruit Medley	Ice Cream (ML) Norwegian Biscuit (G)
BREAD	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 4th September, 2nd October, 6th November, 4th December, 2018 -15th January, 19th February

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pork Sausages (G)	Bacon Medallion	Lamb Lasagne (G,ML)	Cheese Flan (G,E,ML)	Bubble Coated Pollock
OPTION 2	Lamb & Vegetable Masala (G,ML)	Lamb & Vegetable Pie (G)	Chicken Stir Fry	Cheese Flan (G,E,ML)	Chicken Enchilada (G)
OPTION 1 (V)	Quorn Sausages (G,E,ML)	Quorn Fillet (E)	Vegetable Lasagne (G,ML)	Cheese Flan (G,E,ML)	Cheese & Vegetable Bake (G,ML)
OPTION 2 (V)	Vegetable Masala (G,ML)	Creamy Vegetable Pie Topped with Sliced Potatoes (G,ML)	Quorn Stir Fry (E)	Chick Pea & Potato Curry (G)	Cajun Vegetable Enchilada (G,E)
SIDES	Creamed Potatoes (ML) Steamed Rice/Naan Bread (G,ML) ~ Baked Beans Mixed Vegetables Mixed Salad	Lyonnaise Potatoes Boiled Potatoes ~ Broccoli Florets Baton Carrots Mixed Salad	Garlic Bread (G,ML) Egg Noodles (G,E) ~ Coleslaw (E) Garden Peas Mixed Salad	Jacket Potatoes Brown & White Rice ~ Baked Beans Sweetcorn Mixed Salad	Chips Malted Baguette (G,ML) ~ Garden/Mushy Peas Mixed Vegetables Mixed Salad
ACCOMPANIMENTS	Tomato Sauce	Gravy Apple Sauce		Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERT	Chocolate Biscuit (G,ML,E) Fruit Medley	Apple Crumble & Custard (G,ML) Butterscotch Biscuit (G,ML,E)	Iced Sponge (G,E,ML) Mousse (ML)	Chocolate Haystack with Raisins (G,ML) Jam & Cream Scone (G,ML,E)	Ice Cream (ML) Fruit Flan (G,ML,E)
BREAD	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 11th September, 9th October, 13th November, 11th December, 2018 -22nd January ,26th February

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni & Mince Gratin (G,ML)	Pork Loin in Gravy	Turkey Meatballs in Tomato Sauce	Selection Of Pizza (G,ML)	Battered Pollock (G,ML)
OPTION 2	Pork Jambalaya	Chicken Curry (G)	Bacon & Mushroom Beanie (G,ML)	Salmon & Sweetcorn Layer (G,ML)	Battered Pollock (G,ML)
OPTION 1 (V)	Broccoli & Spaghetti Bake (G,ML)	Quorn Fillet (E)	Quorn Balls in Tomato Sauce (G,ML)	Selection of Pizza (G,ML)	Leek & Potato Frittata (ML,E)
OPTION (V)	Vegetable Jambalaya	Vegetable Curry (G)	Veggie Beanie(G,ML)	Quorn Fillet Pizza (ML,E)	Quorn Burger (G,E,ML)
SIDES	Malted Baguette (G,ML) Jacket Potato	Roasted Potatoes Brown & White Rice	Spaghetti (G) Creamed Potatoes (ML)	Jacket Potato Herbed Potatoes	Chips Ciabatta Slice (G)
	~ Sliced Carrots Sweetcorn Mixed Salad	~ Shredded Cabbage Mixed Vegetables Mixed Salad	~ Broccoli Florets Sweetcorn & Mixed Peppers Mixed Salad	~ Baked Beans Garden Peas Mixed Salad	~ Garden/Mushy Peas Baton Carrot Mixed Salad
ACCOMPANIMENTS		Gravy Sage & Onion Stuffing (G)	Tomato Sauce	Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERTS	Iced Fruit Sponge (G,E,ML) Jumble Biscuit (G,E,ML)	Melting Moment (G) Apple Flapjack (G)	Lemon Biscuit (G,E) Fruit Salad	Chocolate Shortbread (G,ML) Mousse (ML)	Ice Cream (ML) Devonshire Split (G,E,ML)
BREAD	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 18th September, 23rd October, 20th November, 18th December, 2018 - 29th January, 5th March